

Surgeon Generals Report on Youth Violence: Programs That Work

Best Practices Category	American Youth Policy Forum ¹	Center for Disease Control and Prevention ²	Center for the Study and Prevention of Violence ³	Developmental Research and Programs ⁴	Office of Juvenile Justice and Delinquency Prevention ^{5,6}	Sherman et al. ⁷
Model						
Level 1 (Violence Prevention)						
Functional Family Therapy	✓		✓	✓		
Multidimensional Treatment Foster Care	✓		✓			
Multisystematic Therapy	✓	✓	✓			
Prenatal and Infancy Home Visitation by Nurses		✓	✓	✓	✓	
Seattle Social Development Project	✓		✓	✓	✓	✓
Level 2 (Risk Prevention)						
Life Skills Training			✓	✓		✓
The Midwestern Prevention Project			✓			
Promising						
Level 1 (Violence Prevention)						
Intensive Protective Supervision Project			✓			
Montreal Longitudinal Study/ Preventative Treatment Program			✓	✓	✓	
Perry Preschool Program	✓		✓			
School Transitional Environmental Program (STEP)			✓	✓	✓	✓
Striving Together to Achieve Rewarding Tomorrows [CASASTART, formerly Children At Risk (CAR)]		✓	✓			
Syracuse Family Development Research Program	✓		✓			
Level 2 (Risk Prevention)						
Bullying Prevention Program			✓		✓	✓
Families And Schools Together (FAST Track)		✓	✓	✓		
Good Behavior Game	✓		✓	✓	✓	
I Can Problem Solve			✓	✓	✓	
The Incredible Years Series	✓		✓	✓		
Iowa Strengthening Families Program			✓	✓		
Linking the Interests of Families and Teachers (LIFT)			✓			
Parent-Child Interaction Training		✓		✓	✓	
Parent-Child Development Center Programs		✓	✓	✓	✓	✓
Preparing for the Drug-Free Years			✓	✓		
Preventative Intervention			✓			
Promoting Alternative Thinking Strategies (PATHS)		✓	✓	✓	✓	✓
The Quantum Opportunities Program	✓		✓	✓		
Yale Child Welfare Project			✓			
Does Not Work						
Drug Abuse Resistance Education (DARE)	✗		✗			✗
Scared Straight						✗

✓ = effective, ✗ = not effective

Sources

1. Model 2000 Review of Programs That Work.
2. Center for the Study and Prevention of Violence, Institute of Behavioral Sciences, University of Colorado, Boulder.
3. Thornton et al., 2000.
4. Developmental Research and Program, Inc., 2000.
5. Howell, 1995.
6. The 1995 OJJDP report does not include the full complement of the office's recommendations regarding youth violence prevention. Since 1995, the group has released several smaller publications in which it specifically recommends other prevention strategies identified as effective in this report.
7. Sherman et al., 1997

Link: <http://phs.os.dhhs.gov/library/youthviolence/chapter5/appendix5a>